

Alberta Capital Region Wastewater Commission Environmental, Health and Safety Orientation Record Form & Quiz

Name of Employee/Contractor: _____ Name of Company: _____

Scope of Work: _____

Work Site and Location: _____

PART 1 – ACRWC General Site EH&S Orientation	Y N n/a
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1. HEALTH & SAFETY
2. HAZARDS AND CONTROLS
3. ACRWC POLICIES, PROCEDURES & SAFE WORK PRACTICES
4. EMERGENCY RESPONSE
5. ENVIRONMENTAL MANAGEMENT SYSTEM

PART 2 – ACRWC Transmission EH&S Orientation	Y N n/a
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1. HAZARDS AND CONTROLS
2. ENVIRONMENTAL RESPONSIBILITIES
3. EMERGENCY RESPONSE

Other safety concerns: _____

I have been informed, understand and will comply with the above items. I will adhere to all ACRWC Environmental, Health and Safety practices and all Alberta OH&S requirements.

Employee/Contractor:	Print Name (please print clearly)	Signature	Date
ACRWC Rep:	Signature		

Environmental, Health and Safety Orientation Quiz

- 1) What is the posted speed limit on Plant Site roads?
 - 30 km/hr
 - 40 km/hr
 - 50 km/hr
 - 60 km/hr
- 2) It's okay to drink water from:
 - Fire Hydrants
 - Water Coolers
 - Hoses
 - Pump Station washroom sink faucets
- 3) For Contractors, this Orientation is valid for:
 - Today only
 - 1 month
 - 1 year
 - It never expires
- 4) You are here to perform work and will need to use an angle grinder that will throw sparks. What type of permit should you ask for?
 - Cold Safe Work Permit
 - Hot Safe Work Permit
 - Confined Space Entry Permit
 - Transmission Work Permit
- 5) If you have an emergency, how can you get help?
 - Fire Alarm Pull Station
 - Plant Wide General Alarm Pushbutton
 - Phone the Control Room
 - All of the Above

____ / 5

Reviewed incorrect answers

Operator Initial: _____

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